



HOLD ON PAIN ENDS

SUICIDE ISN'T THE ANSWER

CALL OR TEXT
24 HOURS A DAY:

988



Brought to you by a partnership between:



Helplines are free, confidential
and are not affiliated with AGCMO.

Scan for
mental health
resources

HOPE.

SUICIDE ISN'T THE ANSWER
HOLD ON PAIN ENDS



CALL OR TEXT
24 HOURS A DAY:

988



Helplines are free, confidential
and are not affiliated with AGCMO.



Scan for
mental health
resources



YOU ARE NOT ALONE

SUICIDE ISN'T THE ANSWER
HOLD ON PAIN ENDS

CALL OR TEXT 24 HOURS A DAY: **988**

Helplines are free, confidential and are not affiliated with AGCMO.



Scan for
mental health
resources

Brought to you by a partnership between:



AGCMO
MISSOURI CHAPTER
THE CONSTRUCTION ASSOCIATION

Washington
University in St. Louis
HEALTHIER WORKFORCE
CENTER OF THE MIDWEST